



Anne V. keeps her hands and face protected year-round with Elizabeth Arden Eight Hour Cream Skin Protectant.



ARIELLE KAUVAR, MD

**LIGHT SAVER**

**SPECIALTY:** NYC-based Kauvar spends her day operating *smart bombs*—her affectionate term for lasers—which “have revolutionized our approach to many conditions that weren’t treatable before without surgery.”

**SECRET WEAPON:** Brown spots and birthmarks, begone! The Vbeam Pulsed Dye Laser removes pigment cells with no damage to the skin.

**QUICK FIX:** In 30 minutes, Kauvar can treat years of sun damage and tighten skin with the Palomar Lux2940 Fractional Ablative Laser resurfacing treatment.

**THE KIT**



ALYRIA Intense Wrinkle Correction “increases collagen production after treatment with fractional lasers”; ELTA MD UV Clear Sunscreen SPF 46 is broad-spectrum protection for sensitive skin; OBAGI-C RX System “helps maintain improvement of brown spots”; “a great antioxidant,” SKINCEUTICALS Phloretin CF helps prevent new sun spots.

Jan Walters; all still lifes: Steven Krause; Kauvar: courtesy of subject